

who we are

OUR VISION

An inclusive society where every blind and visually-impaired person is empowered for independent living

OUR MISSION

We are dedicated to help the blind and visually-impaired people to achieve their fullest potential within the society

OUR GOAL

To build a world-class organisation providing excellent service quality and lifelong support to the blind and visually-impaired community

OUR VALUES

- Empowerment
- Dedication
- Inclusiveness
- Accountability

What Our Beneficiaries Say...



“ Travelling around has gotten safer and easier for me after I learnt the cane, compared to when I was using my umbrella to get around in the past. I have also been able to go on walks around my neighbourhood more often, compared to just sitting at home when no one is free to take me out. Things have really changed for the better for me!

Mdm Chia, 72



“ The Orientation and Mobility training has equipped me with proper cane techniques, thereby giving me more confidence to navigate independently. In addition, the training has helped me better understand the layout of my neighborhood.


Szeling, 38





Orientation & Mobility Training
**INDEPENDENT
 TRAVEL SKILLS FOR
 BLIND AND
 VISUALLY-IMPAIRED
 PEOPLE**

BE PART OF SOMETHING LIFE CHANGING

Join us in empowering people with vision loss to live fulfilling and independent lives! We operate with limited resources and are grateful for your kindness.

 By cheque : Payable to **“Guide Dogs Singapore Ltd”**. Please indicate your name, NRIC/FIN/UEN, contact number and email address on the back if you wish to receive tax deduction.

 Mail cheque to: **Guide Dogs Singapore Ltd**, PO Box 021, Tampines Central Post Office, S(915201)

 By credit/enets/debit online: www.give.asia
www.giving.sg/GDS



UEN: 200302260G



At Guide Dogs Singapore, we believe that people with vision loss are fully capable of living active and fulfilling lives. Our mission is thus to help blind and visually-impaired people to achieve their fullest potential within society. To support them, the Orientation & Mobility training we offer seeks to build their confidence to travel independently and safely.

ORIENTATION & MOBILITY (O&M) TRAINING

O&M training teaches blind and visually-impaired people to know where they are, where they want to go (orientation) and how to get there safely by themselves (mobility).

We provide this training to people of different levels of visual impairment and age groups.

The training is conducted by qualified O&M Instructors and some of the skills taught are:



CUSTOMISED TRAINING & CONSTANT SUPPORT

Our O&M Instructors will first assess the training objectives and lifestyle of our beneficiaries and propose a programme that best suits their needs. The training is usually conducted on a one-on-one basis and in a place where it is needed, for example: the beneficiaries' work place and residence.

As our beneficiaries' lifestyle changes, there may be a need for further training. Our Instructors provide follow-up support to ensure they are always equipped with the relevant skills.

- **UNDERSTANDING THE ENVIRONMENT** through the use of remaining vision and other senses such as smell, touch and hearing

- **MENTAL MAPPING** to identify travel paths and remember landmark

- **USING A MOBILITY CANE** to detect obstacles and learn body protection techniques for objects that are undetectable by the cane

- **USING THE PUBLIC TRANSPORT** by understanding the bus/train orientation and how to ask for assistance

- **SAFETY IN ROAD CROSSING** through analysing and identifying the different types of crossing and traffic patterns



O&M Skills Required To Use a Guide Dog

Our beneficiaries with confident O&M skills are qualified to apply for guide dogs to help them enhance their travelling experience.

CONTACT US

If you wish to find out more, please contact us.

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* The above list is not exhaustive