



REFERRAL FORM

At Guide Dogs Singapore Ltd (GDS), people with visual impairment are empowered with skills for independent living. These are the programmes and services provided to our beneficiaries at no charge.

Please indicate in the box below on the programmes/services you would like to receive. GDS will contact the patient within 2 weeks of receipt of this form. Thank you for your referral!

| | |
|---|--------------------------|
| <p><u>Orientation & Mobility Training</u></p> <p>O&M training helps a person with visual impairment to acquire skills and confidence to travel independently. It teaches them to know where they are, where they want to go (orientation), and how to get there safely by themselves (mobility). Some of the skills include body protection, mental mapping, road crossing, use of public transport and a mobility cane. Every training programme is customised to suit each beneficiary's needs and is conducted at a location where travelling is required.</p> | <input type="checkbox"/> |
| <p><u>Independent Living Skills Training</u></p> <p>Training in Independent Living Skills (ILS) includes cooking, eating, showering, sewing, dressing and any other personal care or household chores. This set of skills are important for our beneficiaries to be self-sufficient and lead independent lives, thus reducing the need for caregivers to assist them.</p> | <input type="checkbox"/> |
| <p><u>Communication & Technology Training</u></p> <p>Training in the use of screen readers such as NDVA and JAWS on computer, or voiceover and talkback on smartphones. A person with visual impairment can learn how to navigate through their devices (smart phone, tablet, or computer) to make calls, use Apps, Words documents etc. Training is conducted by our IT Teachers who are visually impaired.</p> | <input type="checkbox"/> |
| <p><u>Guide Dogs</u></p> <p>A person with visual impairment who has attained confident O&M skills may consider to use a guide dog. The dogs are specially bred and trained for two years according to the standards of the International Guide Dog Federation (IGDF). They learn to manage complex tasks, some of which include avoiding low-hanging and ground obstacles, walking in a straight line and finding doors for their handlers. They are also taught 'intelligent disobedience' and will disobey commands that may put the handlers and themselves in danger. Dogs are carefully selected and matched with our beneficiaries. We provide training and life time follow up assistance to the guide dog teams.</p> | <input type="checkbox"/> |
| <p><u>BeFriender Services</u></p> <p>Carefully selected volunteers are trained to provide social support to our beneficiaries and encourage them to live active life. Our befrienders and beneficiaries would meet up and do activities that are fun and enjoyable such as shopping, dining and sports. Such outings offer opportunities for social interaction and practice of mobility skills, both of which are useful to our beneficiaries.</p> | <input type="checkbox"/> |



Are you a healthcare professional referring your patient to us?
If yes, please complete part A and B.
If no, please complete part A only and provide eye report if available

CRITERIA

The patient should fulfill **ANY OR ALL** of these criteria:

1. **Best-Corrected Visual Acuity** 6/60 or worse in the better eye
OR
2. **Visual Field** 20 degrees or worse in the better eye
OR
3. The patient wishes to overcome a **lack of confidence and/or ability to travel independently and safely as a result of visual impairment**

PART A: PATIENT'S PARTICULARS

Name _____ Male/Female _____ Date of Birth _____
 NRIC/FIN/Passport No _____ Contact No _____ (Mobile) _____ (Res) _____
 Address _____

PART B: OCULAR PARAMETERS

| | Left Eye | Right Eye |
|--|---|---|
| Best-Corrected Visual Acuity | | |
| Visual Field Impairment (Attach a visual field printout if available) | Please tick: <input type="checkbox"/> Impaired, but more than 20 degrees <input type="checkbox"/> Less than 20 degrees <input type="checkbox"/> Total Loss Other Comments (eg. type of field defect) : | Please tick: <input type="checkbox"/> Impaired, but more than 20 degrees <input type="checkbox"/> Less than 20 degrees <input type="checkbox"/> Total Loss Other Comments (eg. type of field defect) : |
| Diagnosis / Main Cause of Impaired Vision | | |
| Please highlight the areas of concern regarding daily tasks. Eg: self-care, going down stairs, crossing roads etc. | | |

Referrer's Signature

Referrer's Name and Relationship with Referee (if applicable)

Date

Hospital/Clinic/Practice/Organisation (if applicable)

Contact number



Provision of Training for Non-Singaporeans*

Individuals who are not Singapore citizens or PRs may request for GDS to provide training. Charges and terms of payment as follow.

* To be explained to client prior training and attached with client's initial admission form

Charges:

| | | |
|---|-----------------|-------------------|
| 1st session (including assessment) GDS specialist will discuss with individual on his or her needs and goals according to these assessment criteria: <ul style="list-style-type: none">- Functional vision- Lifestyle and current mobility abilities- Health and other medical considerations For first timers, 1 st session will include basic training in Orientation and Mobility (O&M) and/or Daily Living Skills (ADL). This can include and not limited to the following: <ul style="list-style-type: none">- Basic cane skills- Independent travel training on short routes- Room familiarisation- Basic daily tasks such as identifying notes, making coffee etc. For complex goals or goals which require more time to fulfill, individuals may choose to extend their training. | 2 hours | S\$50.00** |
| Subsequent session | Per Hour | S\$65.00** |

** Training for Non-Singaporeans are only available on weekdays (Mondays to Fridays).



Payment Options:

Payment must be made before the training day^

| | |
|----------------------|--|
| Bank Transfer | Name: Guide Dogs Singapore Ltd Bank: DBS Bank Ltd / Current Account Acc No: 006 901178 5 <u>Include "Training - Name & ID number" in comments section</u> |
| Cheque | Crossed and payable to <u>Guide Dogs Singapore Ltd</u> Mail to 20 Sin Ming Lane, Midview City, #02-53, Singapore 573968 |

*^Booking of training slots will be confirmed and cannot be refunded once payment is made. If you are unable to make it for the training, please notify GDS **48 hours** in advance to schedule another date/time.*

Terms & Conditions:

1. Booking of training slot is confirmed only when payment is made. Cheque must reach GDS before training.
2. Payment is non-refundable.
3. If you are unable to make it for the training or need to re-schedule, please notify the appointed GDS Specialist at least 48 hours in advance to re-schedule.
4. Please be punctual for training as it will help GDS Specialists to ensure subsequent training with other clients are not disrupted.
5. If you are late for training and training duration is cut short, there will be no partial refund nor replaced training time.
6. Please call GDS office at 63397900 should you have any query.